

The New Creation Woman Lesson 20 (Pg. 55-59):

You the New Creation are to Guard your mind and body



2 Corinthians 5:17: if any woman be in Christ she is a new creation (she has experienced a new birth inwardly in her spirit).

This new creation that you have become is Christ living in you, Galatians 2:20: It is no longer I that lives but Christ that lives in me.

You - the new creation - IS COMPLETE because the One ***Who is Complete*** has all YOU need for YOUR soul and body to be complete.

Your assignment:

You the spirit/the new creation are to guard your female soul and body with Heavenly Armor and Weaponry.

.....this is how you 'put on' Christ who is in YOU the recreated spirit.

You guard your mind, your will and your emotions.

You guard your body.

This really is ***a supernatural lifestyle*** we are talking about.

Paul commands in Ephesians 4:22: PUT ON the 'new man', the new creation that you have become.

Your mind will be more peaceful.

Your emotions more steady.

Your will more obedient.

Your body functioning as God intended.

It is TO YOUR BENEFIT that you stay alert spiritually.

Make this your top priority as you go through your everyday life.

Jesus has come to live in you so He can help you, complete you, in your circumstances of life. He said, "I will never leave you nor forsake you!" (Hebrews 13:5)

Everything you need to be 'more than a conqueror' is IN Christ Who is IN you! (Romans 8:37)

Let's open up/unpack Colossians 2:10:

Context:

Vs 1: I want you to know how hard I am contending for you and for those at Laodicea, and for all who have not met me personally. 2 My goal is that they may be encouraged in heart and united in love, so that they may have the full riches of having complete understanding, in order that they may know the mystery of God, namely, Christ, 3 in whom are hidden all the treasures of wisdom and knowledge. 4 I tell you this so that no one may deceive you with fine-sounding arguments. 5 For though I am absent from

you in body, I am present with you in spirit and delight to see how disciplined you are and how firm your faith in Christ is.

Spiritual Fullness in Christ

6 So then, just as you received Christ Jesus as Lord, continue to live your lives in him, 7

- rooted and
- built up in him,
- strengthened in the faith as you were taught, and
- overflowing with thankfulness.

8 See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. 9 For in Christ all the fullness of the Deity lives in bodily form, 10 and in Christ you have been brought to fullness. He is the head over every power and authority.

Verse 10 versions

....in him ye are made full (American Standard)

....in Him you have been made complete [achieving spiritual stature through Christ], and He is the head over all rule and authority [of every angelic and earthly power]. (Amplified)

....it is in union with him that you have been made full. (Complete Jewish)

....you have been brought to fullness in him. (Evangelical Heritage)

....you have a full and true life in Christ. (Expanded Bible)

....so you have everything when you have Christ, and you are filled with God through your union with Christ. He is the highest Ruler, with authority over every other power. (Living Bible)

....our own completeness is now found in him. We are completely filled with God as Christ's fullness overflows within us. (Passion Translation)

Guarding my female soulwholeness for mind, emotions and will

Let's put a simple definition on whole or wholeness: healthy, 98.6 degrees (normal temperature).

Victory over mood swings, anxieties, insecurities and the other problems and temptations that plague women. You (the new creation) CAN speak the will of God into your soul and restore/preserve and make it normal. MAKE IT function the way God intends. Cause it to be a suitable companion for you, the recreated spirit.

Don't let those negative emotions continue to run their course. Don't let those tormenting thoughts continue to inhabit your mind. Drive them out and into line by speaking the Scripture, by prayer, praise, dancing, rejoicing, worshipping.

Your thoughts are translated into feelings. Your body responds to your emotions. Once you keep your mind on 'normal', your emotions will get turned around and your body will enjoy the release from stress, etc. that it needs. Use scripture to command your soul so it will obey you. Only the Word of God can silence and subdue an unruly soul.

Say: "With heaven's resources, I (the new creation) maintain my....." and fill in the rest to fit your life.

Guarding my female body.....

peace for my body in times of change: hormones, pregnancy, aging.

Health for my body for a long life. Normal.

Your body was 'fearfully and wonderfully' made by the Hand of God.

"Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it." Psalm 139:14

Genesis 2:7: 'formed' (yasar, Hebrew) fashion, form, frame

Genesis 2:22: 'made' (bana, Hebrew) built to obtain children

Adam said when he saw Eve: "This is now bone of my bone and flesh of my flesh, she shall be called 'wo-man' for she was taken out of man."

"Wo-man" - meaning man with a womb.

What was the body of Eve like after she was created?

Would she have had pain in childbirth?

Would she have had hormonal issues, menopause?

These things we deal with in our female bodies are the result of the Sin of Adam & Eve.

Painful childbirth was announced AFTER the fall (Genesis 3:16).

Now that you are in Christ, the consequences that attended Eve's sin can be superseded. If you will really begin to live life OUT OF HIM who is within, He will heal these issues and counsel you with practical steps to walk out health in your 'female' body.

Paul said in Philippians 3, "I want to lay ahold of Christ (know Him) like He has laid hold of me (like He knows me)."

I have heard of many women having painless childbirth - lively on the stools, as it was said of the Hebrew women of Moses' time. If a woman doesn't know such a benefit is available, she can't believe and have it.

PMS can be avoided with a little extra care for yourself ahead of that time. Change-of-life issues can be by-passed through God's Word and Spirit ministering to you and walking you through that time. Observe God's divine order of rest one day in seven as much as possible.

Seek the One Who is filled with 'Treasures'. There is a gem there for you in these situations.

Here are some things you can study to draw out who He is to/in you:

Statements He has made about himself/what the prophets said, etc.

Titles that He has indicate Who He is and what He does for you.

Names that He has unfold His part of His relationship with you.

To overcome daily...

Matt 6:34: "The evil of today is sufficient (to overcome), so take no thought for yesterday or tomorrow."

Walk "after the Spirit" each moment, in each circumstance, in every responsibility. As you 'walk after the Spirit', you will be 'living the supernatural life"

- The Spirit-life is the victorious life.
- The Holy Spirit does not know how to fail.

- He is in you to cause you to manifest Christ in all things.
- The Spirit in you, walks after the “Word”, the written Word,

When you walk the Word way, you know you are walking the way the Holy Spirit walks. **“And the Lord worked with them and CONFIRMED THE WORD with signs following,” (Mark 16:20).**

You are on safe ground with God when you walk in the Word.

The “In Christ” realities and the spiritual ways they operate will give you instant power over sinful thoughts and desires and set you free from past hurts and traumas.

When you are ‘tempted, tested and tried’, draw on scripture that pertains to your situation. There will be enough power in those Words from Scripture to demolish any stronghold, tear down any reasoning or imagination, and bring every opposing force into obedience to Christ. Use the Scripture and make your stand firmly on it.

Again, **the key is in your spirit.**

If you are born again, then your spirit IS full of the Holy Spirit and power. Your recreated spirit is Christ IN You, the hope of glory. All you have to do to conquer anything, is to speak the Word of God with your spirit inwardly and outloud if necessary, and the anointing that is in you and in the Word will immediately begin to work to take away pressures, anxiety, stress, unease, hurts, and give you peace.

The Word & The Spirit - your daily Helpers

Jesus said that as you 'overcome the evil of today', the Word "sanctifies", sets apart from sin, negative emotions, the past, confusion, indecision etc.

John 17:17: "Sanctify them through thy truth: thy word is truth. Make them pure and holy through teaching them your words of truth."

As you use the Word in this way, you will experience consistent victory over any problem of short or long standing.

The Spirit of God is on earth, to help you be what you desire: Christ in soul and body and life. **Romans 8:29: For whom he (God) did foreknow, he also did predestinate to be conformed to the image of his Son."**

No matter which 'role' you are fulfilling as a woman: woman, daughter, sister, wife, mother, employee, employer, mayor or President.....God's will is that you be 'conformed to the image' of His Son in the fulfillment of that life function, and Him in you is sufficient for whatever arises as you perform those functions, for you are "made complete in Him". This is a process of growing up into Him - be patient with yourself, but be consistent.

Affirm Yourself In Christ:

"As a New Creation, I can successfully function in life.

.....as a woman

.....as a daughter

.....as a wife

.....as a mother

.....as a business woman.

Jesus successfully handled every situation, every person, every child he met in life. He successfully handled the devil, His own death, burial and resurrection, the launching of His church.....and He is the One Who is the new creation in me.

I will live out of Him Who is within me.....drawing on His wisdom.

I will live the same successful life He lived as He lives through me.”



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Lessons in The New Creation
Woman are found on
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