

by Ann Windsor © 2022

### **BUILDING BLOCKS FOR A LIFE OF WELLNESS**

- Establish a relationship with God by being saved/born again - John 3:3
- Establish a relationship with the Word of God - Matthew 4:4; 1 Peter 2:2
  - Establish a relationship with the Holy Spirit by receiving the Baptism of the Holy Spirit with the evidence of speaking in other tongues - Matthew 3:11; Mark 1:8; Luke 3:16; John 1:33; Acts 2:4

Foundational things to learn about in your new life in Christ:

- FAITH - 1 John 5:4&5
  - RIGHTEOUSNESS - 2 Corinthians 5:21
- YOUR AUTHORITY OVER SATAN - Luke 10:19; 1 John 4:4
  - DIVINE HEALING - 1 Peter 2:24; Isaiah 53:5

Others:

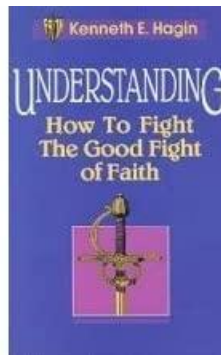
- The Word , the Example of Jesus, the Work of the Cross.
- A.B.C. - Accept what Scripture says; Believe what Scripture says; Confess what Scripture says.
  - Understanding the Legal & Vital aspects of healing.
- Quantum faith facts important to healing: the atoms of your body and also any disease that has invaded it,

are affected by your words. This has been scientifically proven now.  
You can remove and create - Mark 11:23; Romans 4:17; Ephesians 5:1.

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In his book, "Understanding How To Fight The Good Fight Of Faith", Kenneth Hagin gave this list:

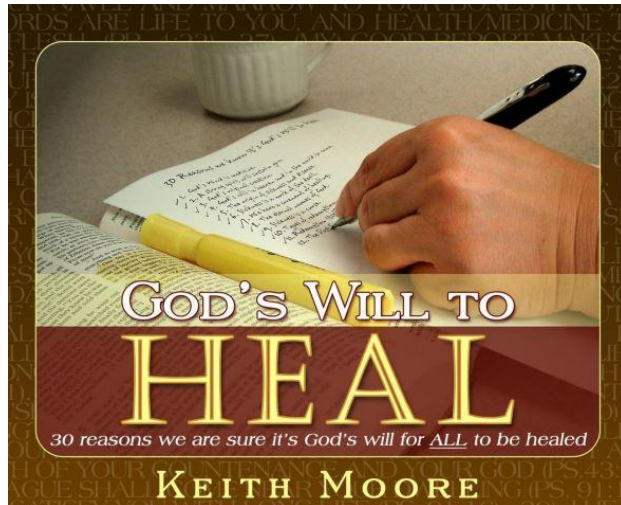
- Understanding the New Birth
- Understanding Our Place in Him
- Understanding Righteousness
- Understand Our Legal Right to the Name of Jesus
- Understanding How To Act on God's Word
- Understanding Our Confession



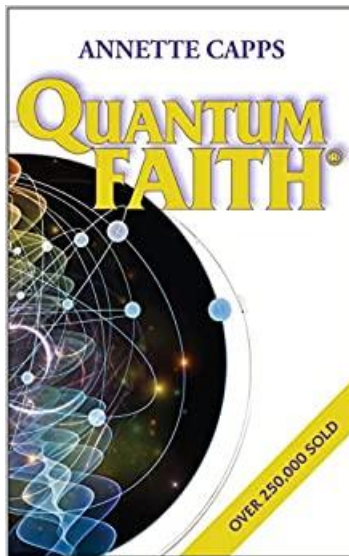
(this is available from several used book sellers & Rhema Publications)

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Keith Moore (who conducted Healing School @ Rhema Bible College for years) has a series of video lessons on Youtube and also a printed transcription of them. The transcript is available for free download at his website: [moorelife.org](http://moorelife.org). These are under the title of:



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(Current Cover)

She has YouTube videos on this and I also have 3 videos on Youtube by this title where I go through the book, break it down and give application examples.

