

Getting sickness out of your mind by Mike Hoesch

(Pt. 2 - continued from 16 min.)

Live stream notes 4.30.24

We are continuing to dig deep into Mike Hoesch's teaching on this subject. We will be picking up today with a slight review starting at 16 min. I am working from the transcript of his video. This is such an important topic that I really want to implant it in you so we are covering it section by section. Many struggle even after doing all they know to do from listening to hours of teaching on healing. I am confident that you will find a gigantic key to the 'why' you are still dealing with symptoms.

If you haven't listened to my Pt. 1 on this teaching please do - Mike's comments from the beginning of his broadcast laid the foundation for the remarks that follow. This will be a continuing project until we finish this video. A link to Mike's teaching is below.

Mike:

16:00 I said in the beginning:

it's not what's in your physical body that is the problem because God already has the solution for that.

He already figured that all out. It's already been done in Christ Jesus.

It's what **we** do with what he has done **OR** what **our mind is going to allow** our heart to **receive** about what he's done that is going to make the difference for us.

So **if in your mind and heart you see yourself as a sick person....**

then that has to be overcome in order for you to embrace what's already been done in Christ Jesus

If you've listened to me at all for any length of time, you know I've done a lot of teaching on the spiritual root of sickness and disease.

In fact today we're **really talking about a root** of sickness and disease and it's spiritual: **your mind.** Your mind is spiritual.

And I want you to understand that there's certain things that you have **embraced** spiritually/mentally that **hinder** you **from receiving** what Christ has done for you spiritually that affects our physical body

Did you catch that? That's an important Point!

What you are thinking spiritually is **going to affect** what you **receive physically**, okay?

It is very important that you know Jesus dealt with all sickness and disease **through the Spirit of his Father.**

You have to understand that's how that works in our day too - God works **through His Spirit** in your life.

Nothing has changed.

Let me give another example of this:
Let's say a person has been having difficulty with weakness.
They are coughing, hacking.
They don't feel good a lot of times.
They feel drained or weak and so they go somewhere and
get checked out. "What is wrong with me?"

I'm thinking of many people I've spoken to with environmental
disease. They call it all sorts of things: fibromyalgia, chronic
fatigue and they have all different reasons why you're having
these symptoms in your body. Why this inflammation is affecting
you and how it's manifesting.

BUT REMEMBER: this is all physical(in the physical realm).

So let's say you get this diagnosis and it says you have a
sensitivity to this or that. Now what's going to happen?

19:00

If you **accept** that **in your mind** and your heart then **anytime**
you're in a circumstance where you feel those feelings in your
body: a general weakness, a little tickle in your throat or chest; or
you get a cough, start sneezing or your throat starts to swell up -
whatever those symptoms are
then **right away** you're going to say:
"Oh yes - that's because I have this...."

Instead of thinking:

"That's what they said I had. But you
know what? I don't believe that.

The Word of God says that I've been healed by the stripes of Jesus.

So whatever this is, the enemies using something within the environment or within my body to trick me and **get me to believe** that I am a sick person

20:05: instead of me understanding what the truth is: **that I'm a healed person resisting the enemy coming against me.**

Peter put it like this in First Peter 5: he said your adversary is the devil.

It's not fibromyalgia. It's not chronic fatigue. It's not - name anything: cancer, melanoma, whatever it is put it on the list: "THAT IS NOT MY ADVERSARY."

My adversary is the devil and the devil is as a roaring lion seeking whom he may devour, (1 Peter 5:8).

Do you know, unless you're on his menu he cannot partake of you.

when you were born again, you were taken off his menu.

so he has to trick you, deceive you, lie to you to get you back on his menu where he can have a place in your life to kill, steal and destroy.

Now how does he do that?

He does that through thoughts.

How you think about this or that or whatever.

Note: We can get to the point where we have an expectation for these bad things to happen.

Example:

Let's just say the person that has the environmental disease and has been diagnosed and **bought into that**, then anytime they're in a place where they feel this uncomfortableness, they're going to say "There's mold in this room. There is some kind of allergen in this room. There's been a cat in here."

They'll become very prophetic and tell you all about the room but they really don't know anything about the room, okay?

22:01

They're **evaluating the room by their feelings**, by how they feel. and **why is that? Because in their mind they believe** that they have this condition and so whenever they're experiencing the symptoms, it confirms to them that the diagnosis is accurate.

there's no resisting.

They just say: "Yep there's mold in here."

Then you've already told yourself it's okay to react the way you're reacting physically.

Instead of saying: "you know what? I don't care what my body's saying. in the Name of Jesus, Satan, you have no place in this body. get out in the name of Jesus! I've been freed from the curse of the Law!

That should be how you respond.

Now I'm not telling you that those are the words **you** have to say. I'm saying if your mind **believes** that you have this disease **then everything** that you experience is **going to be going through the filter**: "I have this problem"

And you're **going to get the result of filtering it through that.**

In other words, **your body's going to respond** according to what you see, feel, hear, touch and taste - **what you believe** regarding that 'filter' because your body manifests what you believe inside the spiritual man(your soul: mind, will, emotions).

23:32

God gave us bodies in this natural world which we live in to express ourselves. Without the body we couldn't express ourselves in the natural world and that's the trouble.

The devil and all of his evil spirits have no means of expression. So they have to use thoughts to communicate to us(fiery darts Eph. 6:16) and once they have a place in us(we accept the thought), then they can express their death, destruction and loss. All the wickedness that they are.

Ann Windsor: if you question the idea of the devil using thoughts to communicate to us, go back to his suggestions in the Garden to Eve. He planted a thought through his words to her. She believed them.

24:02 Next: An example from Job

[Mike Hoesch: Getting Sickness Out of Your Mind Pt. 1](#)

