

Live Stream Notes: Getting sickness out of your Mind Pt. 5

from Mike Hoesh' teaching video by this topic #1.

(There have been some slight changes in these notes since the live stream. Things in italics are comments I have added for clarity and continuity.)

Recap from Pt. 4: Are you dealing with a divided heart/mind?

Time in Mike's video: 35:38

In Hebrews 4:12 it says that the Word of God is the discerner of the thoughts and intents of the heart and that it divides asunder the soul and the spirit (human spirit/Holy Spirit).

Complete Jewish: See, the Word of God is alive! It is at work and is sharper than any double-edged sword — it cuts right through to where soul meets spirit and joints meet marrow, and it is quick to judge the inner reflections and attitudes of the heart.

Easy to Read Version: It judges the thoughts and feelings in our hearts.

Message: God means what he says. What he says goes. His powerful Word is sharp as a surgeon's scalpel, cutting through everything, whether doubt or defense, laying us open to listen and obey. Nothing and no one can resist God's Word. We can't get away from it—no matter what.

Mike:

How important is that to know?

We may not even know what our heart is thinking in the moment(of crisis).

Let me just relate this personally because you might be challenged with a sickness or a disease right now that you've been commanding and you've been rebuking; you've been speaking to it; you've been quoting all the scriptures; you've been spending eight hours a day in the Word and you're wondering: "What is going on? I still have the symptoms."

36:39

Well folks could it be that your heart is divided. That in your heart you're thinking: "I'm sick. I'm going to die."

But (**outside your mind**) *your spirit* is telling you the Truth that you know from God's Word: "No! I don't have to put up with this!"

Picking up now @ 48:12

I'm thinking of the children of Israel (they had a divided heart)

Do you know that when the children of Israel left Egypt they were so happy. They were rejoicing like: "Wow! We're free, we're free at last!"

Then God takes them into this canyon where there's only one way in and one way out (through the thinking of the **natural mind**). They're in this boxed canyon and here comes the Egyptian Army. You can read this in Exodus Chapter 14.

Think back about all the miraculous things that the Israelites had seen in Egypt that had happened to the Egyptians. Not one of those things happened to them. Do you know that when the plague of locusts came, not one locust was on any of their Gardens? Not one locust ate one single fruit tree on their property? That's just unheard of!

That was just like the line between light and darkness. Three days of thick, thick darkness and they could walk to where the darkness was and stick their arm in it!

They saw all this and now they get to this place(the boxed canyon) and what's the first thing they think? Exodus 14:10:

50:07

The children of Israel lifted up their eyes and behold the Egyptians marched after them and they were **sore afraid** and the children of Israel cried out unto Jehovah and said to Moses: Because there were no graves in Egypt, hast thou taken us away to die here in the wilderness? Wherefore hast thou dealt thus with us to carry us forth out of Egypt? Isn't this the word that we did tell you in Egypt saying, Let us alone that we may serve the Egyptians, for it had been better for us to serve the Egyptians than that we should die in this wilderness.

Who told them they were going to die?

If God's intention was to kill them, He could have more easily killed them in the land of Goshen instead of dragging them all the way out to this wilderness! (***Spiritual Mechanic: Instead of reacting in times of crisis we need to spend time recalling God's care for us in past crises.***)

51:07

Israel missed the heart of the message that God brought to them through Moses and what was that?

“I'm going to deliver you and I'm going to fulfill the promise that I made to Abraham to take you to a good land flowing with milk and honey; a land that gets rain for the crops where you don't have to water them by your feet. I'm going to take care of you abundantly and bless you in a beautiful land.”

And they missed that whole thing. *(They may have heard it with their ears but they didn't hear it with their heart. You have physical ears and spiritual ears.)*

Instead of God's message to them through Moses, what WAS written on their heart? Bondage.

For over 180 years they had been in bondage to the Egyptians.

It didn't start out that way (with a slave mentality) but gradually over time they got into captivity and **the mindset** that they had was: “Something bad is going to happen to me”. **They accepted that mindset** - and when Moses sent out the 12 spies only 2 came back with a good report (Joshua, Caleb).

Let's not just think about the children of Israel.
Think about yourself, okay?

Why am I saying that?

Hold your place in Chapter 14 of Numbers and flip over with me to **First Corinthians Chapter 10.**

Scripture reading:

Phillips: Spiritual experience does not guarantee infallibility

1 Corinthians 10:1-7: For I should like to remind you, my brothers, that our ancestors all had the experience of being guided by the cloud in the desert and of crossing the sea dry-shod. They were all, so to speak, “baptized” into Moses by these experiences. They all shared the same spiritual food and drank the same spiritual drink (for they drank from the spiritual rock which followed them, and that rock was Christ). Yet in spite of all these wonderful experiences many of them failed to please God, and left their bones in the desert. Now in these events our ancestors stand as examples to us, warning us not to crave after evil things as they did.

Living: For we must never forget, dear brothers, what happened to our people in the wilderness long ago. God guided them by sending a cloud that moved along ahead of them; and he brought them all safely through the waters of the Red Sea. 2 This might be called their “baptism”—baptized both in sea and cloud!—as followers of Moses—their commitment to him as their leader. 3-4 And by a miracle God sent them food to eat and water to drink[a] there in the desert; they drank the water that Christ gave them. He was there with them as a mighty Rock of spiritual refreshment. 5 Yet after all this most of them did not obey God, and he destroyed them in the wilderness. 6 From this lesson we are warned that we must not desire evil things as they did, 7 nor worship idols as they did. (The Scriptures tell us, “The people sat down to eat and drink and then got up to dance” in worship of the golden calf.) 10 And don’t murmur against God and his dealings with you as some of them did, for that is why God sent his Angel to destroy them.

11 All these things happened to them as examples—as object lessons to us—to warn us against doing the same things; they were written down so that we could read about them and learn from them in these last days as the world nears its end. 12 So be careful. If you are thinking, “Oh, I would never behave like that”—let this be a warning to you. For you too may fall into sin.

Mike:

53:24

Paul is talking to the Corinthians about the Israelites. He says in Verse 6: Now these things were our examples to the intent that we should not lust after things as they also lusted.

How do you lust after something? Well you do it with your heart(emotions/will) and your mind. Remember, lust here is not an over desire for sexual things. It includes sex but it's not **exclusively** about sex.

Lust is an over desire for anything.

What's an over desire?

It's where we are extremely focused on something other than Truth.

55:00

Verse 11: Now all these things happened unto them for examples and they are written for our admonition upon whom the ends of the world are come. wherefore let him that **thinketh** he stand take heed lest he fall.

What is Paul saying here?

He's saying that generation's downfall started in their **minds**.

He's saying these people were **thinking** they were Invincible **until something came up** that exposed that their **heart was already divided**. *(They may have been out of Egypt physically but their mind wasn't. How do we know? Because @ a crisis 'turned back to Egypt'. Read on.)*

55:35

This 'divided heart' didn't just happen when they crossed the Red sea safely either.

After they crossed the Red Sea, what happened? They got hungry and what did they do? They went to Moses and they said: Did you bring us out here in the wilderness to kill us with hunger? At least in Egypt we would have died with our bellies full because man, those fleshpots, the onions, and the garlicks! Oh my goodness, we ate good back there!

That's what their **mind was stuck on** and when they get a little bit hungry, just a little bit hungry, they're like: Are you going to kill all of our animals and our children with hunger now?

So God provides them food also.

Then a few days further, they get thirsty and....

What do they **think**: We're going to die of thirst!

Where did that **mindset** come from?

That's what we're talking about here folks: how do you get the sickness out of your **mind**?

Unless I show you how it got there, you may not recognize it. The example of the Israelites shows how this 'sick' mindset got into them.

I didn't recognize how it got into me until I saw the Truth from God's Word and when I saw the Truth from God's Word, I began to see in my life a **pattern of how I (**spiritual mechanic**;) **acted and reacted** and **responded** to things and I **realized**: in order for that response to be there, something had to be written on my **heart other than the Truth of God's Word**.**

Let's look again at how this operated in the Israelites.

When Moses first came and he gave them the good news (that God was going to deliver them from slavery), things got a little bit harder (they were commanded to make bricks w/o straw).

But when they saw everything that was happening to the Egyptians (the plagues) and nothing was happening to them, they thought, "Wow, maybe what Moses said is true! Maybe God is on our side! Maybe he does want to help us! Maybe we are going to finally be delivered out of this!"

And then the night of the Passover, when they borrowed from the Egyptians all the gold and silver - it says in the Bible, "they spoiled the Egyptians."

The Egyptians were so happy to get rid of them, thinking that they were going to just go and (make a sacrifice to God in the desert) and come back, that they loaned them all these jewels and clothes and gold and silver, everything that they wanted.

58:36: The topic that we're on is: Getting sickness out of your mind.

And we're talking **right now** about **how** it gets **into** your mind.

That's **important to recognize** because you need (spiritual mechanic:) **to see how the enemy is taking advantage of you** so that you'll actually choose to embrace the truth about yourself (that you are dealing with a divided heart/double mind).

See just very quickly: (spiritual mechanics coming up:)

- It wasn't until I acknowledged that I am not recovering,
- that I am getting worse
- and nothing that I'm doing that **I think** is the right thing to do is working,
- that I had to finally get down and acknowledge in my heart:
- "I am not believing the Truth of God's Word."

59:29

I thought I was doing everything right - did you hear that?

I thought, based on what I was **thinking**, that I had **already** written on my heart the truth of how to get healed. (*his own ideas*)

I never stopped to consider that what **I had written** on my heart **wasn't written based on the truth of God's Word.**

But was based on a **doctrine** that I believed **about** the Word of God

(Doctrine: if I do this then I'll get this....a performance mentality.)

End Mike's transcript

Hebrews

4:1 Let us then be eager to know this rest for ourselves, and **let us beware that no one misses it through falling into the same kind of unbelief as those we have mentioned.**

4:12 For the Word that God speaks is alive and active; it cuts more keenly than any two-edged sword: it strikes through to the place where soul and spirit meet, to the innermost intimacies of a man's being: it exposes the very thoughts and motives of a man's heart. No creature has any cover from the sight of God; everything lies naked and exposed before the eyes of him with whom we have to do. (Phillips)

Rest for the sick means: healing

Healing is received by faith without works (Performance: I have to do this or that to get God to heal me)

Spiritual Mechanics (tools for victory):

- Watch your thoughts.
- Watch your emotional reactions.
- Watch your decisions.

Israel didn't and fell in the wilderness.

Let us 'get sickness OUT OF OUR MINDS'. As Mike says over and over: sickness isn't a physical problem for Jesus covered our physical healing @ the Cross. Sickness is a 'mental' problem. When you focus your mind on the Cross, wellness in your body will be the result.