Thinking through I AM The Lord Thy Physician: Helps for 'going deeper'

Ann Windsor Y.T. & F.B. 7/7/25

Notes:

Jeremiah 9:24: understands and knows Me Exodus 15:26: I AM the Lord thy Physician

Why I am encouraging you to enter the process of understanding:

Jeremiah 9:24: let him that glories glory in this: that he understands and knows Me.

Review past revelation:

Lord, how do I help those with critical or long standing conditions? They have to 'hotwire' healing." How? By speaking My Creative Word. Words, words, words - the Golden Key

Lord, how do I help those who are declaring your word get across the bridge from declaring to seeing the manifestation? They have to have a believing mind.

4/30 How important is the believing mind in receiving healing Lord, how do I help them have a believing mind? Tell them to love me with their mind.

5/20 Loving God with your mind - another "Golden Key' to go from D to Manif.

6/19 Helps for loving God w/your mind 6/27 How deep do you want to go?



Under-stand

To come under the authority of
To stand under the provision set forth in these words
To submit to
To receive what is being set forth

Going deeper in understanding:

Let's take this verse: Exodus 15:26

I AM the Lord that health thee/thy Physician.

What does it mean for me to 'stand under' that verse?

First of all, Ipicture it in my mind.

I see those words, "I am thy Physician' above my head.

I am 'standing under' them like I would stand under an umbrella or some other form of protection.

"I am thy Physician."

What are You saying to me, Lord?

I am saying that I take the responsibility of healing you and keeping you well physically.

I see two pictures then: my natural physician and God - telling me He wants to be my physician.

I compare the two: what can each do for me?
Which one can heal anything I encounter?
Who is the greater person?
Which one can guarantee my healing and health?
Which one has in-depth, complete knowledge of my illness?

I picture myself again - this time standing under two umbrellas: one is my natural physician, the other is my Heavenly Physician.

Hmmmm.....then I ask myself:

Well, what is the success rate of each?

I recall Jesus and who he healed. Were there any that came to him he did not heal?

I recall the context of Exodus 15:26 and the other healing encounters in the O.T. where God showed himself the healer, the Physician of Israel.

I am curious what God means when He uses the word, physician. I am going to look that up in Hebrew and find out specifically so I don't have to wonder or put my definition on it from what I know of my doctor.

Heal/Physician: Hebrew 7495 rapha to mend (by stitching), (figuratively) to cure, (cause to) heal, physician, repair, thoroughly make whole.

I think I will add this definition under the words, "I am the Lord thy Physician".

So then what do I have:
I AM THE LORD THY PHYSICIAN(His job description)
to mend by stitching
to cure
cause to heal
repair
thoroughly make whole

Then I use my imagination and 'see' God/The Holy Spirit in me mending me by stitching! I picture the part that has been invaded by sickness and picture healing taking place. My Physician administering the cure. Causing me to heal. Repairing what is broken. Thoroughly making me every whit whole.

God, His Word, my imagination are having a glorious time!

I am going to write out that little list so my eyes can see it and it gets written on my mind. I may even write it out five times in a row! or ten! How deep do I want to go!!!!!

This is a short, powerful exercise that will renew my mind, give me hope, strengthen my faith, focus my 'sail'.

Here is a response I wrote for myself after exercising myself in these great matters. My decision stated in a declaration:

My 'stand-under' response:

I recognize You as my Physician.

I recognize those words, "I am the Lord that healeth thee" as an 'Umbrella of Authority' over my life.

I will 'stand under' this 'umbrella'.

I will develop deeper understanding of You by going deeper into those words.

You are my Physician.

I stand under the Word You have spoken and know you are watching over it to perform it.



Broadening that word: understand

Understand: put on, join together (syniem) deep thought, think through, imagine

Step by step thinking through, analyzing, connecting ideas and drawing conclusions by reasoning through, "I AM thy Physician" in order to stand under the reality of those words.

Diving Healing is a mystery to the natural mind, that is why it must be taken through this process. Andrew: If you do not renew your mind through using it to study and meditate God's Word, it will automatically gravitate toward the natural and remain darkened.

Understanding: swallowing & digesting so the benefits are released: A Physician with ALL POWER!

Jesus fact: why is getting to the point of in depth understanding so important?

Mat. 13:18&19:

18 Hear ye therefore the parable of the sower.

19 When any one <u>heareth</u> the word of the kingdom, and <u>understandeth it</u> <u>not</u>, <u>then cometh</u> the wicked one, and <u>catcheth away that which was sown</u> in his heart. This is he which received seed by the wayside. (Mark 4:15; Luke 8:11&12)

Parable of the Sower - Jesus order of telling

- 1) Wayside Satan stealing from heart what isn't understood
- Rocky ground temptation & persecution choke out no depth of earth
- 3) Thorny ground cares of life, deceitfulness of riches, lust of other things choke out.
- 4) honest & good heart(Luke) having heard, keep it and bring forth fruit with patience.

Mark 4:13: know ye not this parable? How then will you know(understand) all the other parables?

Know: Gk ginosko

- to know, understand, perceive, have intimate knowledge of

Mt. 13:23: He that <u>received</u> seed into the good ground is he that heareth the word, and understandeth it; which also beareth fruit, and bringeth forth, some an hundredfold, some sixty, some thirty.

Received seed:

heard, understands, bears fruit and brings forth harvest

Hear: to perceive by the ear what is announced in one's presence.

AMP: grasp it

EHV: continues to hear (Evangelical Heritage Version)

NLT: truly hear

Y.L.: who is hearing and is understanding.

Helps for going deeper:

Exodus 15:26: I am the Lord that healeth thee/thy Physician/Jehovah Rapha

Matthew 13:23: 23 But he that received seed into the good ground is he that heareth the word, and understandeth it; which also beareth fruit, and bringeth forth, some an hundredfold, some sixty, some thirty.

Be an active reader/hearer (take it personally, God is speaking to YOU. Jesus is talking to YOU)

Reading is a conversation between you and the author.

The goal is understanding - not just information. Think about the difference. Mark, underline, highlight words to emphasize them to your mind.

Andrew Wommack: book and videos on imagination.

"Imagination is your spiritual womb. It is the spine of your existence."

And I would add that it is the prophet prophesying your future.

Prepared by Ann Windsor/July 2025



The Believing Mind

Getting from declaration to manifestation: the believing mind reaches the point of satisfaction/rest. How? By thinking through what has been presented to it. Reasoning the truth or error of it. The working of it. The details of it.

The believing mind has swallowed and gone through the digestion process.

Barry Bennet in a recent post about the importance of understanding: Your struggles with faith are really struggles with UNDERSTANDING your authority in Christ.