

Your soul(valve) & Divine Healing by Ann Windsor

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(You will find times for statements included.)

Ann Windsor discusses the concept of the "valve" in relation to divine healing, drawing from Andrew Wommack's "Spirit, Soul, and Body" study guide (1:21-1:26, 8:13-8:43). The core idea is that as a born-again believer, you are a spirit who possesses a soul (mind, will, and emotions) and lives in a body (7:12-7:16, 8:02-8:11).

Key points include:

The spirit as the Core: Your spirit is the true you, recreated in Christ, and it's the core of your being (20:58-21:02). It is the life-giving part, and it cannot be seen or felt directly (22:19-22:31, 18:48-19:10).

The soul as the Valve: The soul acts as a "valve" between your spirit and your body (25:37-25:43). Your spirit has no direct access to your physical body; everything from your spirit must flow through your soul to reach your body (22:51-23:05, 23:36-23:44).

Flow of Life: The flow of God's life, healing, and power from your spirit to your body depends on how "open" your soul-valve is (25:52-25:58, 29:49-29:56). It can be a trickle, a small stream, or rivers, as described in John 7:37-38 (26:00-26:11, 27:31-27:50).

Believing Mind: A believing mind is crucial for opening this valve (31:07-31:17). Doubts in the mind can close the valve, shutting off the flow of hope and healing (31:20-31:26, 32:01-32:06). When your mind aligns with what you declare from God's Word, the valve opens fully (32:13-32:21, 42:48-42:55).

Renewing and Releasing: The Christian life, after being born again, primarily involves renewing your mind to God's word and releasing what you have received in your spirit into your soul and body (9:54-10:05, 39:18-39:40).

God's Perspective: To receive healing, one must look at it from God's perspective, speaking healing to the body and releasing power from within, rather than trying to "get" healing from an external position (38:06-38:29).

Consequences of a Closed Valve: It is possible to have the power of God within your spirit but never see it manifest if your soul-valve remains closed or fluctuates

(48:55-49:19). This can lead to experiencing depression, anger, and bitterness despite possessing God's love, joy, and peace in your spirit (51:30-51:44).

God's Power in You: The same Spirit that raised Jesus from the dead dwells in believers and will quicken their mortal bodies (Romans 8:11) (43:51-45:03). This power is present within you, but it needs to be released through an open soul-valve (48:51-49:03).

Q & A:

Why is the soul described as a valve?

No Direct Access: Your spirit, which is the core of who you are and where God's power and life reside, has no direct access to your physical body (22:51-23:00, 23:32-23:36, 24:24-24:30).

Passageway for Life: Everything that comes from your spirit – including the life-giving power and healing from God – must flow through your soul (your mental and emotional part) to get to your body and impact the physical world (23:17-23:24, 23:53-24:00, 25:46-25:49, 42:16-42:19).

Control of Flow: The degree to which the soul is "open" or "closed" determines the flow of this life (25:52-25:58, 29:49-29:56, 42:22-42:33). If the soul aligns with the spirit (through renewing the mind to God's word and believing), the valve is open, allowing a full flow of life and healing. If the soul agrees with the natural realm, fears, or doubts, the valve can become closed or only allow a trickle, cutting off the supernatural flow to the body (14:40-14:55, 30:00-30:03, 31:17-31:26, 49:03-49:19, 50:55-51:26).

Why does the devil attack the mind?

The devil attacks the mind because the mind is the "valve" through which the spirit's power flows to the body (31:07-31:17). If the devil can influence your mind, he can effectively shut off or restrict the flow of God's power from your spirit to your body (31:20-31:26, 51:30-51:44).

Key reasons mentioned for this attack include:

Controlling the Flow: By introducing doubt, fear, or negative thoughts into your mind, the devil aims to close the "valve" of your soul (30:58-31:06, 31:17-31:26). This prevents the manifestation of God's love, joy, peace, and healing in your physical experience (51:30-51:44).

Preventing Manifestation: Even if a born-again believer has God's power and healing in their spirit, if their mind is not aligned with God's Word, that power cannot manifest in

their physical life (48:55-49:19, 50:55-51:26). The devil exploits this by attacking the mind to keep the valve closed (30:00-30:03).

Causing Inconsistency: A mind that is not renewed and is subject to the devil's attacks can lead to inconsistency in a believer's walk, where they might experience moments of God's power but then fall back into doubt or negative emotions because the "valve" keeps opening and closing (49:46-50:35).

How does the inner dialogue help?

The "inner dialogue" helps by rehearsing and affirming your true identity in Christ, which in turn helps you to re-anchor your mind and regain authority over circumstances (4:57-5:13, 33:34-33:50).

Ann Windsor describes her own practice of engaging in an "inner dialogue" when faced with overwhelming circumstances or when her mind and emotions get turbulent (2:40-2:54, 33:34-33:50). This dialogue involves asking and answering fundamental questions about who you are in the spirit:

Your 'gaining the upper hand' declaration:

"What am I?" The answer is: "I'm a spirit, made in God's image, and God is a spirit" (3:00-3:20, 5:42-5:46).

"What kind of spirit am I?" The answer, based on 2 Corinthians 5:17, is: "If I'm in Christ, I'm a new creation" (3:26-3:42, 5:46-5:51).

"Who is that new creation?" The answer, based on Galatians 2:20, is: "It's no longer I that lives, but Christ that lives in me" (4:07-4:21, 5:51-6:06). And since Christ lives in you, He brought His faith with Him, allowing you to "live by the faith of the Son of God" (4:26-4:36, 6:08-6:14).

By going through this "little litany" (5:39-5:40), everything inverts (5:17-5:20). Instead of feeling overwhelmed by the situation, you become "on top of it, putting the pressure on it" (5:24-5:26), enabling you to declare things like, "Mountain you be removed. Sickness you be healed. Need you be met" (5:26-5:31). This process straightens out the mind and gets it anchored again, helping to open the "valve" of the soul (33:46-33:48).