

**Spirit Soul & Body Lesson #16**  
**Releasing the Mind of Christ**  
**Outline**

From Andrew Wommack Spirit Soul & Body Study Guide

**1. Studying God's Word will draw out the wisdom that's in your spirit.**

**A.** When you're reading the Bible, you are receiving words with your physical eyes that are spirit and life.

**B.** As you take this knowledge into your soul, new thoughts and ideas come to your physical(natural)mind.

**C.** When this happens, your spirit—which already has the truth and mind of Christ—will bear witness with it.

**D.** Several scriptures reveal this inner witness.

"The Spirit itself beareth witness with our spirit, that we are the children of God" (Rom. 8:16). "He that believeth on the Son of God hath the witness in himself" (1 John 5:10a).

**2. Studying God's Word is vital for achieving single-mindedness and releasing God's power.**

**A.** When a truth from God's Word takes root in your soulish realm, that same knowledge, which has already existed in your spirit mind, rises up and meshes with it.

**B.** This draws God's power resident within you out into the physical realm.

**3. Praying in tongues is another powerful way to release the mind of Christ.**

"Follow after charity, and desire spiritual gifts, but rather that ye may prophesy. For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries" (1 Cor. 14:1-2).

**A.** When you pray in tongues, your spirit prays.

"For if I pray in an unknown tongue, my spirit(by the Holy Spirit/the Mind of Christ) prayeth, but my understanding(natural mind) is unfruitful" (1 Cor. 14:14).

**B.** Your spirit prays, but your understanding—your soulish, physical, natural mind—is unfruitful.

#### **4. You build yourself up by praying in tongues.**

“He that speaketh in an unknown tongue edifieth himself” (1 Cor. 14:4a).

**A.** “Edify” means “the act of building . . . the promotion of spiritual growth”

**B.** Your goal is to facilitate single-mindedness.

**C.** As your soul unites to your spirit’s way of thinking(the Mind of Christ), you’re built up by drawing your spirit’s wisdom(your new creation/Christ in You) and knowledge **out** into the physical realm.

#### **5. When you pray in tongues, your spirit prays the hidden wisdom of God.**

“Howbeit in the spirit he speaketh mysteries” (1 Cor. 14:2b).

“The wisdom of God in a mystery, even the hidden wisdom, which God ordained before the world unto our glory” (1 Cor. 2:7).

**A.** Since you cannot really understand the things of God with just your natural mind, you must understand them through your spirit man.

**B.** Paul preached the hidden wisdom of God that he received by revelation (1 Cor. 2). “I speak with tongues more than ye all” (1 Cor. 14:18).

#### **6. Simeon recognized the Christ child by revelation knowledge.**

“And it was revealed unto him by the Holy Ghost, that he should not see death, before he had seen the Lord’s Christ.” (Luke 2:26-28).

**A.** Revelation knowledge comes from the inside out, not the outside in.

**B.** The mind of Christ in your born-again spirit reaches up from inside and grabs that truth, shouting, “Yes! This one’s true. This one is for you!”

#### **7. When you pray in tongues, you can believe God for interpretation.**

“Wherefore let him that speaketh in an unknown tongue pray that he may interpret” (1 Cor. 14:13).

**A.** Whether you receive interpretation or not, praying in tongues relieves stress and releases the peace of God into your body and soul.

“For with stammering lips and another tongue will he speak to this people. To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the refreshing” (Is. 28:11-12).

**B.** Since you are praying from the mind of Christ, why wouldn’t you want to interpret?

**C.** Meditating on God’s Word, speaking in tongues, and receiving interpretation is the fast track to single-mindedness and manifestation.